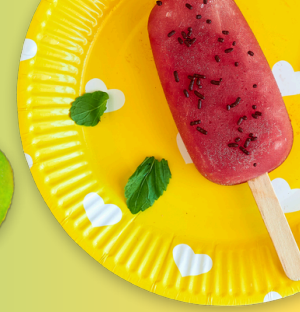




TUCKSHOP

2025 ☎ 3511 3222

Menu ✉ hrsstuckshop@gmail.com



Open Tuesday, Wednesday & Thursday from 8.30am

Order by 8:15am through **flexischools**

Orders after 8:15am / Brown Bag orders incur a \$1 processing fee

^ = Vegetarian, * = Gluten free ingredients

HOT LUNCH 1st break only

HOMEMADE

Fuel Up Fried Rice ^*	\$4.00
Ham Fried Rice*	\$4.50
Butter Chicken with Rice*	\$5.50
Bolognese	\$5.00
Bolognese with Cheese	\$5.30
Mexican Crunch Bowl- Beef*	\$5.50

(Home made meals are seasonal and require adequate volunteers to ensure stock availability)

OTHER

Plain Beef Pie	\$4.00
Sausage Roll	\$4.30
Chicken Dino Snacks (5)	\$4.50
Chicken Tenders (2)	\$4.50
Tomato / BBQ Sauce	40c

TOASTIES All Day

Ham OR Cheese	\$3.80
Tomato & Cheese^	\$4.30
Ham & Cheese	\$4.30
Ham, Cheese & Tomato	\$4.80

SANDWICHES All Day

Lightly buttered

Vegemite, Honey, Jam	\$2.20
Ham OR Cheese	\$3.30
Tomato & Cheese^	\$3.80
Ham & Cheese	\$3.80
Salad^	\$4.00

(Lettuce, Tomato, Carrot, Cucumber)

Add Ham, Cheese	ea 50c
Add Egg	ea \$1.20

WRAPS 2nd Break

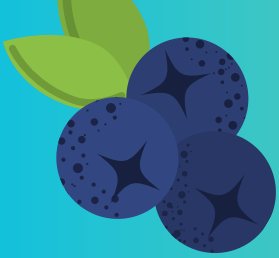
All with Lettuce & Grated Carrot

Tuna & Mayonnaise	\$5.00
Egg & Mayonnaise^	\$5.50
Ham & Mayonnaise	\$5.00

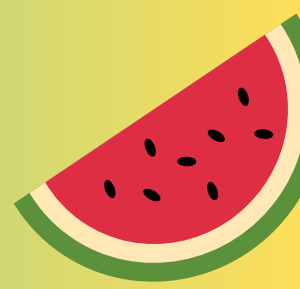
SPECIAL DAY ONLY

WEDNESDAYS

- Hamburger \$4.50
 - Cheeseburger \$5.00
- Homemade beef patties with vegetables



TUCKSHOP



^ = Vegetarian, * = Gluten free ingredients

SNACKS All Day

Cheese & Rice Crackers ^{^*}	\$1.50
Carrot & Cucumber sticks ^{^*}	\$1.50
Seasonal Fruit Tub ^{^*}	\$3.50
Watermelon Tub ^{^*}	\$3.50
Hard Boiled Egg ^{^*}	\$1.20
Muffin Blueberry or Chocolate (made on site) [^]	\$1.50
Atomic Popcorn Lightly Salted ^{^*}	\$1.00
Red Rock Sea Salt Chips ^{^*}	\$2.00
Raisin Toast (1 cafe slice) [^]	\$1.90
Cheesy Garlic Bread (homemade) [^]	\$3.30
Custard Cup ^{^*}	\$2.00
Vanilla Yoghurt	\$2.00

SNACKS 2nd break only

Brekky Pocket	\$3.70
Quesadilla- Pizza	\$3.10
Quesadilla- Cheese or Spinach [^]	\$2.90
Hash Brown ^{^*}	\$1.70
Go Go Burrito - Beef	\$4.00
- Add cheese	50c



The tuckshop kitchen itself is not gluten free, but there are menu items only using ingredients that don't contain gluten.

^ = Vegetarian, * = Gluten free ingredients

DRINKS All Day

Fresh Milk 300ml ^{^*}	\$1.50
Plain Milk Popper ^{^*}	\$1.50
Apple Juice Popper ^{^*}	\$2.50
Tropical Juice Popper ^{^*}	\$2.50
Breaka Chocolate Milk ^{^*}	\$2.50
Breaka Vanilla Milk ^{^*}	\$2.50

FROZEN TREATS All Day

Frozen Juice Cup ^{^*#}	\$1.00
Frozen Pineapple ^{^*}	50c
Zooper Dooper ^{^*}	\$1.00
Cotton Candy Home Icecream [^]	\$2.00
Choc Milk Bar- Home Icecream	\$2.00
Calippo Mini Pine Rasp	\$2.00
Lemonade Icy Twist [^]	\$2.00
Vanilla Dixie Ice Cream Cup ^{^*}	\$2.00
Moosies	
• Chocolate Fudge ^{^*}	\$3.00
• Blue Moon ^{^*}	\$3.00

Available 1st break only

Call by 9am
to change
an order



**Frozen Treats, Drinks and some Snacks are available
for cash sale over the counter**

Menu subject to change.

Not all items are available at all times.

Current items and prices are listed in Flexischools