



# TUCKSHOP MENU

Term 3, 2021

Open Tuesday, Wednesday and Thursday from 8:00am  
Ph: 3511 3222 Email: [hrrstuckshop@gmail.com](mailto:hrrstuckshop@gmail.com)

## Sandwiches

Vegemite, Honey or Jam	\$2.00
Cheese	\$2.50
Ham	\$3.00
Chicken	\$3.50
Egg and Lettuce	\$3.00
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$3.50
<i>Extras:</i>	
Toasted	.30
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$1.00
Cheese, Tomato, Pineapple	ea .50
Mayo, Hummus, Mustard Pickles	ea .30

## Wraps

Cheese and Salad	\$3.50
Ham, Cheese and Salad	\$4.20
Chicken and Salad	\$4.20

## Bento Box

Carrot and Cucumber sticks, Cherry Tomatoes, Apple slices, Cheese and Crackers, Hummus dip and your choice of a boiled Egg or Ham slices

## Sandwich Box

Carrot sticks, Cherry Tomatoes, Apple slices, Cheese slice, mini Muffin and your choice of a Vegemite, Jam, Honey or Cheese Sandwich

## Fruit and Veggie Snacks

Veggie Sticks and Dip (Celery, Carrot, Tomato and Hummus)	\$2.50
Fruit Salad Tub	\$3.50
Watermelon Tub	\$3.50
Frozen Pineapple Ring	.50

## Savoury Snacks

Cheese and Crackers	\$1.00
Hard Boiled Egg	\$1.00
Atomic Popcorn Lightly Salted 20g G/F	\$1.00
Chicken Jumpys	\$1.00
Red Rock Chips 28g (Honey Soy, Sea Salt)	\$1.50
Piranha BBQ Cheese 25g G/F	\$1.50

## Sweet Snacks

Vanilla Custard Cup 150g	\$1.50
Fruit Puree Pouch 90g (Mango, Strawberry)	\$1.50

## Weekly Specials (Lunch Only)

<b>Tuesday</b>	- Chicken and Gravy Roll	\$4.00
<b>Wednesday</b>	- Hot Dog (with Cheese add 50c)	\$3.00
<b>Thursday</b>	- Hamburger (with Lettuce, Cheese, Tomato, Sauce)	\$5.50

## Hot Food

Plain Beef Pie 100g	\$3.00
Sausage Roll 110g	\$3.00
Cheesy Garlic Bread	\$2.60
Chicken Goujons (5)	\$3.80
Chicken Twister	\$3.20
<i>(Wrap with Chicken Tender, Lettuce, Tomato, Mayo)</i>	
Sauce: Tomato / BBQ	ea .30

## From the Bakery

Raisin Toast (1 slice)	\$1.50
Blueberry Muffin	\$1.50
Chocolate/Chocolate Chip Muffin	\$1.50
Vegemite and Cheese Scroll 78g	\$2.60
Cheese and Bacon Roll 70g	\$2.00

## Frozen Treats (Lunch Only)

Calippo Mini Raspberry/Pineapple	\$1.50
Lemonade Icy Twist	\$1.50
Paddle Pop (Chocolate, Rainbow)	\$2.00
Vanilla Dixie Ice Cream Cup 100ml	\$1.50
TNT Sour Snap Ice Block 90ml	\$1.00
Frozen Juice Cup 100ml (Apple/Blackcurrant)	\$1.00

## Drinks

Fresh Full Cream Milk 300ml	\$1.50
Juicee Crush Popper 250ml (Apple, Apple/Blackcurrant, Tropical)	\$2.00
Breka Flavoured Milk 250ml UHT (Chocolate, Strawberry, Vanilla)	\$2.00
Breka Flavoured Milk Fresh Bottle 300ml (Chocolate, Strawberry)	\$2.20

Our preferred method of ordering is through [www.flexischools.com.au](http://www.flexischools.com.au) or via their App.

Orders close online at 8.30am. Any late or Brown Bag orders will incur a processing fee of 50c per order